

Ignatian Faith Formation Resources

The following Ignatian Faith Formation resources were identified at the Jesuits of the Maryland Province & USA Northeast Province 2018 Ignatian Faith Formation Conference.

Audience					Program/ Resource	Description	For more information
Children	Teen	Young Adult 20s & 30s	Adult	Lay Leaders			
		✓	✓	✓	Christian Life Community (CLC)	A lay Ignatian community present in over 70 countries, whose members commit to a way of life integrating spirituality, community and mission. Members meet regularly in small groups of 6-10 people to support one another in developing relationship with Christ and in discerning mission. They engage Ignatian spirituality practices where the experience of <i>The Spiritual Exercises of St Ignatius</i> is foundational. Members are encouraged to adhere to a simple lifestyle, to care for the integrity of all God's creation--particularly the most vulnerable, and to integrate contemplation and action. Members of CLC seek to bring Gospel values into all aspects of life in today's world.	Contact: Ann Marie Brennan annmariebrennan@yaoo.com Christian Life Community Promoter in NY Region VP of CLC World Executive Council CLC USA World CLC
		✓			Contemplative Leaders in Action Program (CLA)	A two-year Ignatian leadership and faith formation program for young adults rooted in the Spiritual Exercises. Participants consist primarily of graduates from Jesuit schools and other Ignatian spirituality programs, and parishioners from Jesuit. Small groups meet monthly during the first year of the program. The groups, with the help of guest speakers, presentations and community-building exercises, focus on discernment, Ignatian spirituality, Catholic social teaching, leadership models and spirituality in the workplace. In their second year, participants design projects that apply their enhanced skills and encourage them to discover their personal leadership style, oftentimes in collaboration with Jesuit institutions or their own professional or personal circles. Young Adult Ministries	Contact: Sean Sanford spsanford@jesuits.org Director of Leadership and Young Adult Programs The Office of Ignatian Spirituality (OIS) Maryland and USA Northeast Provinces of the Society of Jesus
		✓	✓	✓	Ignatian Prayer of the Examen Retreat	Four-week retreat in place that explores the prayer of the Ignatian Examen using <i>Reimagining the Ignatian Examen</i> by Mark Thibodeaux, SJ as the text. Small groups meet weekly for 1 hour and 15 minutes. Weekly sessions include group prayer, faith sharing and reflection, and an overview of the individual prayer exercises to be practiced in the week ahead. Appropriate for anyone interested in learning about the Examen prayer or in gaining a deeper understanding of it. Leader Materials	Contact: Suzie Shermer Suzie.shermer@gmail.com St. Peter Catholic Church Charlotte, NC

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Children	Teen	Young Adult 20s & 30s	Adult	Lay Leaders			
	✓				Ignite Program Read the Ignite flyer.	5-week program for teens. Rooted in Ignatian spirituality, Ignite seeks to form a community of students to love God, serve others, and be themselves by: 1. Fostering spiritual growth through cultivating a personal relationship with God; 2. Engaging students in active community participation through service; 3. Empowering students to discern and discover their most authentic self.	Contact: Teresa Carino carinot@saintignatiusloyola.org Pastoral Associate St. Ignatius Loyola NY, NY
				✓	Principium Program	A six-session Ignatian lay formation program designed for parish leaders (current and future) with the purpose of deepening the understanding and practice of the spirituality that inspires the mission of the Church. Participants engage the Ignatian tradition by studying key Jesuit texts, Encountering an Ignatian way of praying and Encountering an Ignatian way of praying. Sessions meet every 2 weeks and are facilitated by the Jesuit Fathers and the Pastoral Associate for Ignatian Spirituality & Prayer. Click here to read the document on the Principium Program.	Contact: Martina O'Shea Pastoral Associate for Ignatian Spirituality & Prayer Holy Trinity Washington DC moshea@trinity.org 202-903-2810
✓	✓	✓	✓	✓	Social Justice Ministry resources	Nick Napolitano consults with Parishes and Social Justice ministries to: <ul style="list-style-type: none"> Better understand how our own faith journey calls us to be engaged in social issues Building effective and engaging social ministries. See this high-level presentation on the connection between faith and action. Use “page down” on your keyboard to navigate this Prezi document.	Contact: Nicholas Napolitano nnapolitano@jesuits.org Provincial Assistant for Social Ministries Jesuits of the Maryland Province & USA Northeast Province

Recommended Books and Websites

Youth Ministry - Books

Rebuilding Youth Ministry by Christopher Wesley. Great framework for starting a ministry, not programming or content. Recommends outsourcing the curriculum and not trying to do it all yourself. She didn't find one that was any good. In terms of broader thinking,

Growing Young: Six Essential Strategies to Help Young People Discover and Love Your Church by Kara Powell, Jake Mulder and Brad Griffin of Fuller Theological Seminary with a focus on youth ministry. The authors investigate areas where youth ministry is booming and identify 6 key factors for success. The integrated approaches outlined in this book, suggest that it should be read by the entire church staff and not just the youth minister.

Young Catholic America: Emerging Adults In, Out of, and Gone from the Church by Christian Smith, Kyle Longest, Jonathan Hill, Kari Christoffersen. A sociological study of young American Catholics over the last three decades outlining a growing crisis with Catholic identity.

Sense of the Faithful: How American Catholics Live their Faith by Jerome Baggott focuses on what it means to be a Catholic in America today. Baggott is Associate Professor of Religion and Society at the Jesuit School of Theology at Berkeley and a member of the Core Doctoral Faculty at the Graduate Theological Union. sociology of Catholic religion. A bit West Coast centric. Interesting in terms of what people believe.

Social Ministry - Books

The Call to Discernment in Troubled Time: New Perspectives on the Transformative Wisdom of Ignatius of Loyola by Dean Brackley, SJ, a professor of theology at the University of Central America (UCA) at San Salvador. Brackley is convinced that the practical wisdom of Ignatius Loyola, written four centuries ago, offers guidance for our troubled times, which are characterized by a global social crisis. With sections on getting free, something worth living for, discerning and deciding, passion and compassion, resurrection and prayer; he uses the Spiritual Exercises of Ignatius as a means of introducing us to "a life of deeper faith, hope and love."

Seek Justice That You May Live by John Donahue, SJ. A study of the major themes of both the Old and New Testament that bear on issues of social justice, e.g., creation; exodus; liberation; prophets; psalms and wisdom literature; Jesus and the Kingdom of God; Matthew and the heritage of Israel; Luke: Jesus as a Prophet who proclaims good news to the Poor; Paul justification and community solidarity.

Doing Faithjustice: An Introduction to Catholic Social Thought by Fred Kammer, SJ, lawyer, activist and priest. This book explores the biblical basis for "citizens to become involved in the greater and lesser societies around themselves in order to create communities where human dignity is protected and enhanced, and gifts of creation are shared for the greatest good of all."

Living Justice: Catholic Social Teaching in Action by Thomas Massaro, SJ. Introduces readers to the history and basics of Catholic social teaching while highlighting new developments and helping readers understand how to apply this teaching to life today.

The Ignatian Adventure by Kevin O'Brien, SJ provides a description of different ways of making the Spiritual Exercises. Although written for spiritual directors, his style which includes personal examples of living out the Exercises, is instructional to any reader. The book's core offers 32 weeks of prayer and meditations to draw participants into a deeper encounter with God. The Exercises are meant to be experienced with the guidance of a spiritual director, but you may want to check out this [8-week version](#) adapted from the longer retreat, which is appropriate for a personal "retreat in place" experience.

Social Ministry - Websites

- ❖ Ignatian Solidarity Network: <https://ignatiansolidarity.net/>
- ❖ Jesuit Conference Office of Justice and Ecology: www.jesuits.org/
- ❖ Maryland and USA Northeast Province: www.JesuitsEast.org/social-ministries
- ❖ Downward Mobility: The Social Implications of St. Ignatius' Two Standards by Dean Brackley SJ: <https://ejournals.bc.edu/ojs/index.php/jesuit/article/view/3823/3391>

[Click here to view the embedded document for Downward Mobility](#) to see the full text.