

PLAN DESIGN & BENEFITS

ADMINISTERED BY AETNA LIFE INSURANCE COMPANY - SELF FUNDED

PLAN FEATURES	IN-NETWORK	OUT-OF-NETWORK
Benefit limitations - Some service or	supplies have limits on them per year	There might be a maximum number of
visits or days, or a dollar limit per year	. In such cases, the benefit year begin	is on January 1 (unless otherwise noted).
Refer to your plan documents to learn	more.	
Deductible (per calendar year)	None Individual	None Individual
	None Family	None Family
You must first meet the deductible bef	ore the plan begins paying benefits, u	
Lifetime maximum		
Unlimited except where otherwise indi	cated.	
Payment for out-of-network care**	Does not apply	Professional: Prevailing Charges
	2 000 mot app.)	Facility: Facility Charge Review
Primary care physician selection	Encouraged	Does not apply
Precertification requirements -		
	reatment facility admissions, convales	cent facility admissions, home health care,
hospice care and private duty nursing	must be obtained by the facility	
Referral requirement	Not required	None
		visits from different kinds of providers in
		Iso find more about your options, including
cost share amounts.		
PREVENTIVE CARE	IN-NETWORK	OUT-OF-NETWORK
Routine adult physical exams/	Covered 100%	Covered 100% of R & C*
immunizations		
Routine digital rectal exam	Covered 100%	Covered 100% of R & C*
For members age 40 and over		
Prostate-specific antigen test	Covered 100%	Covered 100% of R & C*
For members age 40 and over	Covered 10078	
Colorectal cancer screening	Covered 100%	Covered 100% of R & C*
For members age 45 and over	Covered 100%	Covered 100 % of IX & C
Routine eye exams	Covered 100%	Covered 100% of R & C*
	asses /Contact Lenses are not a cover Covered 100%	Covered 100% of R & C*
Routine hearing screening PHYSICIAN SERVICES		
Office visits to non-specialist		OUT-OF-NETWORK
	Covered 100%	OUT-OF-NETWORK Covered 100% of R & C*
	Covered 100% ral physician, family practitioner or peo	OUT-OF-NETWORK Covered 100% of R & C* diatrician.
Telehealth consultation with non-	Covered 100%	OUT-OF-NETWORK Covered 100% of R & C*
Telehealth consultation with non-	Covered 100% ral physician, family practitioner or peo Covered 100%	OUT-OF-NETWORK Covered 100% of R & C* diatrician. Covered 100% of R & C*
Telehealth consultation with non- specialist Specialist office visits	Covered 100% ral physician, family practitioner or peo Covered 100% Covered 100%	OUT-OF-NETWORK Covered 100% of R & C* diatrician. Covered 100% of R & C* Covered 100% of R & C*
Telehealth consultation with non- specialist Specialist office visits Telehealth consultation with	Covered 100% ral physician, family practitioner or peo Covered 100%	OUT-OF-NETWORK Covered 100% of R & C* diatrician. Covered 100% of R & C*
Telehealth consultation with non- specialist Specialist office visits Telehealth consultation with specialist	Covered 100% ral physician, family practitioner or peo Covered 100% Covered 100% Covered 100%	OUT-OF-NETWORK Covered 100% of R & C* diatrician. Covered 100% of R & C* Covered 100% of R & C* Covered 100% of R & C*
Telehealth consultation with non- specialist Specialist office visits Telehealth consultation with specialist Hearing exams	Covered 100% ral physician, family practitioner or peo Covered 100% Covered 100%	OUT-OF-NETWORK Covered 100% of R & C* diatrician. Covered 100% of R & C* Covered 100% of R & C*
Telehealth consultation with non- specialist Specialist office visits Telehealth consultation with specialist Hearing exams 1 routine exam per 12 months.	Covered 100% ral physician, family practitioner or peo Covered 100% Covered 100% Covered 100% Covered 100%	OUT-OF-NETWORK Covered 100% of R & C* diatrician. Covered 100% of R & C* Covered 100% of R & C* Covered 100% of R & C* Covered 100% of R & C*
Telehealth consultation with non- specialist Specialist office visits Telehealth consultation with specialist Hearing exams 1 routine exam per 12 months. Walk-in clinics	Covered 100% ral physician, family practitioner or peo Covered 100% Covered 100% Covered 100% Covered 100% Covered 100%	OUT-OF-NETWORK Covered 100% of R & C* diatrician. Covered 100% of R & C* Covered 100% of R & C* Covered 100% of R & C*
Telehealth consultation with non- specialist Specialist office visits Telehealth consultation with specialist Hearing exams 1 routine exam per 12 months.	Covered 100% ral physician, family practitioner or peo Covered 100% Covered 100% Covered 100% Covered 100%	OUT-OF-NETWORK Covered 100% of R & C* diatrician. Covered 100% of R & C* Covered 100% of R & C* Covered 100% of R & C*

Walk-in clinics are free-standing health care facilities. Sometimes they may be within a pharmacy, drug store, supermarket, or other retail store. They offer some limited medical care and services.

Not walk-in clinics: Urgent care centers, emergency rooms, the outpatient department of a hospital, ambulatory surgical centers, and physician offices.



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Telehealth consultations for non- emergency services through a	Your cost sharing amount depends on the type of service and where you	Covered 100% of R & C*
walk-in clinic	receive it.	
	Designated Walk-in clinics	
	Covered 100%	
Ne pay telehealth screenings and cou	inseling services from a walk-in-clinic as	a preventive care benefit.
Allergy testing	Covered 100%	Covered 100% of R & C*
Allergy injections	Covered 100%	Covered 100% of R & C*
DIAGNOSTIC PROCEDURES	IN-NETWORK	OUT-OF-NETWORK
Diagnostic X-ray (Other than	Covered 100%	Covered 100% of R & C*
complex imaging services)		
	Is for this service at their office, you pay y	
Diagnostic laboratory	Covered 100%	Covered 100% of R & C*
	Is for this service at their office, you pay y	
Diagnostic complex imaging	Covered 100%	Covered 100% of R & C*
	Is for this service at their office, you pay y	
MERGENCY MEDICAL CARE	IN-NETWORK	OUT-OF-NETWORK
Jrgent care provider	Covered 100%	Covered 100% of R & C*
Non-urgent use of urgent care	Covered 100%	Covered 100% of R & C*
provider		
Emergency room	Covered 100%	Same as in-network care
Non-emergency care in an	Covered 100%	Covered 100% of R & C*
emergency room		<b>•</b> • • • •
Emergency use of ambulance	Covered 100%	Same as in-network care
Non-emergency use of ambulance	Covered 100%	Covered 100% of R & C*
IOSPITAL CARE	IN-NETWORK	OUT-OF-NETWORK
npatient coverage	Covered 100%	Covered 100% of R & C*
	or the care you need, your cost sharing a	mount counts toward all covered
benefits you receive.	Covered 100%	Covered 100% of R & C*
Dutpatient hospital		
	hospital but don't stay overnight, your co	ost sharing amount counts toward all
covered benefits during your visit.	Covered 100%	Covered 100% of R & C*
Dutpatient surgery - hospital	hospital but don't stay overnight, your co	
overed benefits during your visit.	nospital but don't stay overnight, your co	ost shanny amount counts toward all
Dutpatient surgery - freestanding	Covered 100%	Covered 100% of R & C*
acility		
	hospital but don't stay overnight, your co	st sharing amount counts toward all
covered benefits during your visit.	nospital but don't stay overnight, your ee	st sharing amount counts toward an
MENTAL HEALTH SERVICES	IN-NETWORK	OUT-OF-NETWORK
npatient	Covered 100%	Covered 100% of R & C*
	000 for all services (including inpatient a	
alcohol/drug abuse services combined	, <b>e</b> ,	
Aental health office visits	Covered 100%	Covered 100% of R & C*
	000 for all services (including inpatient a	
Ilcohol/drug abuse services combined		
Aental health telehealth	Covered 100%	Covered 100% of R & C*
consultations		
	000 for all services (including inpatient a	nd outpatient mental health and
alcohol/drug abuse services combined		
Other mental health services	Covered 100%	Covered 100% of R & C*



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SUBSTANCE ABUSE	IN-NETWORK	OUT-OF-NETWORK
Inpatient	Covered 100%	Covered 100% of R & C*
Combined Lifetime Maximum of \$100	,000 for all services (including	inpatient and outpatient mental health and
alcohol/drug abuse services combine	d).	
Residential treatment facility	Covered 100%	Covered 100% of R & C*
Substance abuse office visits	Covered 100%	Covered 100% of R & C*
Combined Lifetime Maximum of \$100	,000 for all services (including	inpatient and outpatient mental health and
alcohol/drug abuse services combine	d).	
Substance abuse telehealth	Covered 100%	Covered 100% of R & C*
consultations		
Combined Lifetime Maximum of \$100	,000 for all services (including	inpatient and outpatient mental health and
alcohol/drug abuse services combine	d).	
Other substance abuse services	Covered 100%	Covered 100% of R & C*
THERAPY SERVICES	IN-NETWORK	OUT-OF-NETWORK
Spinal manipulation therapy	Covered 100%	Covered 100% of R & C*
Limited to 45 visits per year		
Outpatient short-term	Covered 100%	Covered 100% of R & C*
rehabilitation		
Includes physical, occupational, and s	speech therapies.	
Habilitative physical therapy	Covered 100%	Covered 100% of R & C*
Habilitative occupational therapy	Covered 100%	Covered 100% of R & C*
Habilitative speech therapy	Covered 100%	Covered 100% of R & C*
Autism related physical therapy	Covered 100%	Covered 100% of R & C*
Autism related occupational	Covered 100%	Covered 100% of R & C*
therapy		
Autism related speech therapy	Covered 100%	Covered 100% of R & C*
Autism related behavioral therapy	Covered 100%	Covered 100% of R & C*
These benefits are combined with out	patient mental health visits	
Autism related applied behavior	Covered 100%	Covered 100% of R & C*
analysis		
Your benefits for these services are the	ne same as any other outpatie	nt mental health other services benefit
OTHER SERVICES	IN-NETWORK	OUT-OF-NETWORK
Skilled nursing facility	Covered 100%	Covered 100% of R & C*
Limited to 120 days per year		
	r the care you need, your cost	sharing amount counts toward all covered benefits
you receive.		
Home health care	Covered 100%	Covered 100% of R & C*
Limited to 100 visits per year		
Private duty nursing not included.		
		ncy. One visit equals a period of four hours or less.
Hospice care - inpatient	Covered 100%	Covered 100% of R & C*
	r the care you need, your cost	sharing amount counts toward all covered benefits
you receive.		
Hospice care - outpatient	Covered 100%	Covered 100% of R & C*
When you receive outpatient care at a covered benefits during your visit.	a facility but don't stay overnig	ht, your cost sharing amount counts toward all
Private duty nursing	Covered 100%	Covered 100% of R & C*
Limited to 70 eight hour shifts per yea		
We count each period of up to 8 hour		shift.



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Covered 100%	Covered 100% of R & C*
Covered 100%	Covered 100% of R & C*
Covered 50%	50% of R & C*
aid every 5 years; including repair.	
Covered same as any other medical	Covered same as any other medical
expense.	expense.
	You pay your prescription drug cost
	sharing amount if you have
	prescription drug coverage. If not,
	you pay your PCP visit cost sharing
	amount.
	Covered 100% of R & C*
	Your cost sharing amount depends
	on the type of service and where you
	receive it. Not Covered
	Not Covered
	Covered 100% of R & C*
In-network coverage is only available	Out-of-network coverage applies
at Institutes of Excellence (IOE)	when you use a non-IOE facility. You
contracted facility.	will pay more out of pocket when
-	using a non-IOE facility.
Covered 100%	Covered 100% of R & C*
	Covered 100% of R & C*
	OUT-OF-NETWORK
Aetna Standard Plan opt out	
Prescription drug expenses apply to your medical out-of-pocket limit.	
Covered 100%	Covered 100%
Covered 100%	Not Applicable
<b>0</b>	0
	Covered 100%
	Not Applicable
	• A stud National National
You can get up to a 30-day supply from	
You can get up to a 30-day supply from Percentage copays will not be doubled	
You can get up to a 30-day supply from Percentage copays will not be doubled You can get a 31-90-day supply from 0	
You can get up to a 30-day supply from Percentage copays will not be doubled You can get a 31-90-day supply from C Pharmacy.	CVS Caremark® Mail Service
You can get up to a 30-day supply from Percentage copays will not be doubled You can get a 31-90-day supply from 0	CVS Caremark® Mail Service
	Covered 100%         Covered 50%         aid every 5 years; including repair.         Covered same as any other medical expense.         You pay your prescription drug cost sharing amount if you have prescription drug coverage. If not, you pay your PCP visit cost sharing amount.         Covered 100%         Your cost sharing amount depends on the type of service and where you receive it.         Your cost sharing amount depends on the type of service and where you receive it.         \$50 copay         In-network coverage is provided at GCIT™ designated facilities only.         Covered 100%         In-network coverage is only available at Institutes of Excellence (IOE) contracted facility.         Covered 100%         IN-NETWORK         Aetna Standard Plan opt out         Prescription drug expenses apply to you



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#### Your prescription drug plan also includes:

- Diabetic supplies and blood glucose monitors
- Prescription weight loss drugs
- The following are covered 100% in-network:
- Seasonal vaccinations
- Preventive vaccinations
- Travel vaccinations
- Affordable Care Act (ACA) eligible preventive medications
- Refer to **Aetna.com** for a complete list of eligible prescription drugs.

#### Precertification requirements

Some covered prescription drugs need approval from us before we will cover the drug.

To get the most up-to-date precertification requirements, see your plan documents or go online to your member website.

Choose generics with dispense as written (DAW) override - Sometimes your physician may say you need a brandname prescription drug even if a generic is available. If so, you will pay the brand-name copay. If you ask for a brandname prescription drug when a generic is available, you will pay the applicable brand-name copay plus the difference between the generic price and the brand-name price.

#### **GENERAL PROVISIONS**

Dependents who are eligible to be Spouse, children from birth to age 26. Student status of children does not on your plan matter.

\*\*We cover the cost of services based on whether doctors are "in network" or "out of network." We want to help you understand how much we pay for your out-of-network care. At the same time, we want to make it clear how much more you will need to pay for this "out-of-network" care.

You may choose a provider (doctor or hospital) in our network. You may choose to visit an out-of-network provider. If you choose a doctor who is out of network, your health plan may pay some of that doctor's bill. Most of the time, you will pay a lot more money out of your own pocket if you choose to use an out-of-network doctor or hospital.

When you choose out-of-network care, we limit the amount it will pay. This limit is called the "recognized" or "allowed" amount.

This amount is based on the out-of-network plan you or your employer picks.

• For doctors and other professionals the amount is based on the "prevailing" charges. We get this data from an external database.

• For hospitals and other facilities, the amount is based on the Facility Fee Schedule.



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Your doctor sets his or her own rate to charge you. It may be higher -- sometimes much higher -- than what your plan "recognizes." Your doctor may bill you for the dollar amount that we don't "recognize." You must also pay any copayments, coinsurance and deductibles under your plan. No dollar amount above the "recognized charge" counts toward your deductible or out-of-pocket maximums. To learn more about how we pay out-of-network benefits visit our website.

You can avoid these extra costs by getting your care from Aetna's broad network of health care providers. Go to www.aetna.com and click on "Find a Doctor" on the left side of the page. If you are already a member, sign on to your Navigator member site.

This applies when you choose to get care out of network. When you have no choice (for example: emergency room visit after a car accident, or for other emergency services), we will pay the bill as if you got care in network. You pay cost sharing and deductibles for your in-network level of benefits. Contact us if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your cost sharing and deductibles.

This way of paying out-of-network doctors and hospitals applies when you choose to get care out of network. When you have no choice (for example: emergency room visit after a car accident), we will pay the bill as if you got care innetwork. You pay your plan's copayments and deductibles for your in-network level of benefits. Contact us if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your copayments and deductibles.

Plans are provided by: Aetna Health Inc. While this material is believed to be accurate as of the production date, it is subject to change.

Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.



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The following is a list of services and supplies that are *generally* not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

• All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.

- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental X-rays.
- Donor egg retrieval

• Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.

- Hearing aids
- Home births
- Immunizations for travel or work, except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.

• Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT,

ICSI and other related services, unless specifically listed as covered in your plan documents.

• Long-term rehabilitation therapy.

• Non-medically necessary services or supplies.

• Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.

- Radial keratotomy or related procedures.
- Reversal of sterilization.

• Services for the treatment of sexual dysfunction/enhancement, including therapy, supplies or counseling or prescription drugs.

- · Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.

• Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Translation of this material into another language may be available. Please call Member Services at the number on the back of your ID card.

Puede estar disponible la traduccion de este material en otro idioma. Por favor llame a Servicios al Miembro al **1-888-982-3862.** 

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to www.aetna.com.

Aetna and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinicbranded walk-in clinics) are both within the CVS Health family.

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